

SGSS Dress Code & Rules Overview

Hounslow SGSS Gurdwara is a must-visit for all Sikh and spiritually minded visitors. In the interest of upholding respect for Guru Granth Sahib ji and maintaining a peaceful and a pleasant environment for the visitors, all persons entering the Gurdwara are required to abide by its rules which are simple to follow.

The Gurdwara maintains a strict dress code; short skirts, sleeveless tops, and shorts are not permitted. Head coverings must be worn. Be prepared to remove your shoes before entering.

We thank you for your cooperation in following these rules and making the visit to the Gurdwara premises a pleasant experience for all.

What are the dress codes on your visit to the Gurdwara?

Both male and female visitors should show reverence for the religious place by covering their head. You can cover your head with a handkerchief or a scarf. If you do not have one, the administration of the gurdwara will provide you with one.

Following the dress codes religiously and maintaining the sanctity and peace of the Gurdwara are the best ways to show respect to the culture and tradition of the place.

- W No transparent (see through) clothing
- No clothing with profanity
- No shorts and skirts
- No sleeveless shirts
- No tight clothing, no swimwear or no beachwear

You must cover your head, shoulders and knees. You have to wear ankle length loose dresses - never any shorts or half pants. Head scarf to cover your heads while on their visit are provided. One should take care not to wear clingy or transparent garments. You may wear a shawl to cover themselves up.

Are shoes allowed inside the Gurdwara?

You will have to take your shoes before entering the premises. Shoes are not allowed upstairs, especially in the Praying Halls and the Langar (Dining) Hall. Shoes must be deposited in the designated 'Shoe Room'.

Are mobile phones allowed inside?

You may carry phones but they should be kept in a silent mode.

SGSS Visitor Information II - Guidelines for visiting the Gurdwara premises.

Remove your shoes and wash your hands

- Please remove your shoes and store them on the racks provided in the Shoe room before entering the Gurdwara building.
- Separate footwear is to be worn in the washrooms which are provided near the washroom doors.
- Please wash your hands in the hand washing facility provided next to Shoes room.

Dress Appropriately

- Please dress gracefully and appropriately to be able to sit comfortably on the floor in the Darbar Hall and Langar Hall.
- Low hanging trousers, shorts, short skirts, short tops and similar clothing are not appropriate.
- Please do not wear clothing which may be offensive to other attendees.

Cover your head

- You must cover your head when entering the Gurdwara building.
- Hats and Caps are not allowed.
- \textcircled Patkas and Scarfs are available in the Shoes room if you need them.

Strictly prohibited in the Gurdwara premises

- Alcohol (Presence or Consumption)
- Tobacco and Smoking
- Meat or Meat Products

In the Darbar (Worship) Hall

- \textcircled Mobile phones are to be switched off or in Silent mode.
- After "Metha Tek" (Bowing before Guru Granth Sahib ji), please sit on the floor in the sitting area facing the Guru Granth Sahib ji.
- Chairs are provided in the Darbar Hall for persons who are genuinely not able to sit on the floor due to medical reasons.
- It is customary for males and females to sit on the opposite sides of the hall, please sit accordingly.
- Dease avoid all unnecessary talk and movement.
- Please receive the "Karah Parshad" with both hands, and please request for a lesser amount that you can consume to avoid any wastage.
- Please sit in the main sitting area of the hall. The area behind the Guru Granth Sahib ji is for persons performing the duties.
- Parents are requested to kindly mind the children in the Darbar hall to ensure a peaceful environment for the Sangat.
- In the Langar Hall and Kitchen
- Do not crowd passage ways.
- Dillow guidelines for returning of used plates and washing hands.
- Do not waste food. Please request less for children.
- Dease assist in reducing wastage of food, water, electricity, gas and other resources.

- All Sewa in the Kitchen and Langar hall is supervised by the Langar sewadar and the Committee member in charge of Langar.
- You are welcome to assist in the preparation of Langar, Serving, Cleaning up of premises and washing of dishes and utensils.
- Please wash your hands before commencing any sewa in the Langar hall or in the Kitchen.
- Packing of Langar for home please confirm with Langar sewadar to ensure that there is enough Langar for the Sangat in the Gurdwara.

Programs and Payments

- Please contact the Gurdwara manager/ Secretary to sponsor a program at the Gurdwara or at home.
- The Gurdwara manager/ Secretary will organise and provide with all the necessary details for sponsoring programs.
- Please ask for a receipt for the payments made at the cashier's office for sponsoring of programs or donations.

Other important guidelines

- Please do not interfere with the duties being performed by the Granthi ji, assistant Granthi ji, Ragi Jatha, and the Committee Members.
- All announcements in the Gurdwara premises are made under the directions of the Management Committee and by persons approved by the ASA management. Please do not use the microphone for making any public announcements without the ASA management approval.
- Display or distribution of information (e.g., flyers for an event etc.) or sale of merchandise (e.g., Books, CD's etc.) to the sangat is strictly prohibited and requires prior approval from ASA management.
- Collection of donation or sangat's personal information is prohibited unless approved by the ASA management.
- By Management of SGSS Hounslow.

SGSS Visitor Information III - Code of Conduct

In the interest of upholding respect for Guru Granth Sahib ji and maintaining a peaceful and a harmonious environment for the visitors of the Gurdwara, all persons entering are required to abide by the following Code of Conduct policy.

In the event of a breach to this policy by any visitor(s), the management reserves the right to ask the persons involved to leave the premises immediately and / or contact the respective authorities if required. Future access to the premises may also be restricted.

For the safety of all, CCTV cameras operate in the Gurdwara premises.

All visitors to the Gurdwara Sahib are required:

- To treat all other visitors with respect, dignity, and courtesy.
- To follow guidelines of visiting the Gurdwara premises as set out in the guidelines section (Dress code, prohibited items, No Smoking etc.).
- To respect the religious proceeding and maintain a quiet and non-disruptive environment.
- Not to interfere in any of the activities being carried out by the Granthi ji, Ragi Jatha, Gurdwara staff and the management members.
- (D) To refrain from aggressive behaviour, violence and indecent language or activity.
- To report any safety concerns, injuries or emergencies to the Gurdwara staff or the Management.
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- To take care of the Gurdwara property and equipment and report any damages to Gurdwara office immediately.
- To follow the rules and guidelines as set out and communicated by the management.

By - Management of Hounslow SGSS Gurdwara.

Gurdwara has zero tolerance towards drugs, weapons... if found, the person will be immediately reported to authorities.

